



Cards of Joy



Dear Community Members,

Writing letters to those who may need extra cheer during the holidays is an easy way to make a big difference! Recipients love it when cards are detailed, thoughtful and heartfelt! We invite you to participate in our 'Cards of Joy' holiday greeting campaign. Below are some program guidelines and letter writing suggestions:

- Create a greeting card that is colorful, creative and decorative or write a card with a heartfelt message. Think of the card as a small gift.**
- Inside the card, write a letter. Start your letter with "Dear Friend."**
- Try to focus on the recipient and what they might like to read.**
- Offer encouraging advice about the small joys in life.**
- Keep it positive, motivating and joyful.**
- Wish them a healthy and enjoyable holiday season.**
- Please do not seal the envelope as there is no envelope needed- we mail them for you!**
- Sign only your first name and do not put a date on it.**

Please deliver the cards by December 12, 2022 to any of the following locations:

- Ridgewood Village Hall, front desk area**
- Ridgewood Public Library**
- Bergen New Bridge Medical Center**

Thank you for helping us reach our goal of collecting 1,000 cards of heartfelt wishes.

Email dpagani@ridgewoodnj.net or call 201-670-5500 ext. 2312 if you have any questions.

**Happy Holidays!
Ridgewood Stigma Free Committee**

**RIDGEWOOD
PROUD TO BE
STIGMA-FREE**